Parent Teacher Association
Department of Commerce
Dyal Singh College
Under the aegis of IQAC
ORGANIZES
A WORKSHOP
on
"Zyada Mat Socho, SaHi Socho"
Unleash the power of positivity within you

Dr. Mansi Gupta
(Counseling and Health Psychologist)
Co-founder of Prodigy People

18 September, 2021
4:00 P.M.

Intended Learning Outcomes:
1. “Develop the ability to thrive in chaos and to stay calm under immense pressure.”
2. “Develop the ability to perceive change as it happens and accept the changed reality.”

TIC: Dr. Minakshi Kar
Convenor: Ms. Ankita Gupta
Principal: Prof. V.K. Paliwal (Officiating)
Co-Convenors: Dr. Sandeep Garg
Dr. Thirumoorthy R

Organizing committee:
Mr. Narender Singh Negi
Mr. Arun Kumar
Dr. Divya Khattar
Ms. Diya Sharma